



**OLD ROCHESTER REGIONAL SCHOOL DISTRICT
MASSACHUSETTS SCHOOL SUPERINTENDENCY UNION #55**

Marion - Mattapoisett - Rochester
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Douglas R. White Jr., Ed. D.
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www.oldrochester.org

February 27, 2020

Dear District Families,

We understand that many families have questions regarding the recent outbreak of the Novel Coronavirus (2019-nCoV) and how it may impact our local community. The Centers for Disease Control and Prevention is providing daily updates and recommendations. Please click on the following link to stay updated <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

While this is a public health concern, the CDC continues to report that the immediate risk to the general public remains low at this time. Yet, in today's connected world, with a large number of district families traveling during the recent school vacation week, the potential for infectious disease is always of concern. As with seasonal flu and strep infections, there are general precautions we can all take to remain as healthy as possible.

- Practice good hand hygiene. Wash your hands often and thoroughly with soap and water for at least 20 seconds. Avoid touching your eyes, nose, and mouth with unwashed hands. Use Alcohol-based hand sanitizer when soap and water are not available.
- When coughing and sneezing, cover your mouth and nose with a tissue. You can also cough or sneeze into your sleeve. Throw used tissues in the trash and immediately wash your hands with soap and water for at least 20 seconds.
- Avoid sharing drinking glasses, cups, eating utensils, dishes, towels or other items. Wash these items thoroughly with soap and water after use.
- Avoid close contact with people who are sick whenever possible.
- Practice other good health habits: Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

It is important to keep children home from school when they are ill. If your child has any of the following symptoms please keep them home from school: temperature greater than 100.4, coughing, vomiting, diarrhea, any rash not yet diagnosed by a physician, red or pink itchy eye, and/or eye drainage and any contagious illness such as chicken pox, strep throat or flu. For additional guidance on when to keep your student home, please refer to guide below.

The Novel Coronavirus (2019-nCoV) is an evolving situation that we are following closely and will continue to update you as information is shared with us. Please rest assured that we are monitoring student health concerns. We are in close communication with the local Board of Health, Massachusetts Department of Public Health/School Health Unit, as well as pediatric health care providers in the community. Our School Facilities Department is vigilantly sanitizing our educational spaces as we typically do during cold and flu season. We are following all recommended guidelines to ensure the safety of our students and staff.

We remain deeply committed to student and staff wellness and will continue to share new information with you, as necessary, about this evolving situation.

Sincerely,

Douglas R. White

Douglas R. White, Jr., Ed.D

Superintendent of Schools

The mission of our school system is to inspire all students to think, to learn and to care. The Old Rochester Regional School District does not discriminate on the basis of race, color, national origin, age, sex, religion, gender identity, sexual orientation, homelessness or disability in admission to, access to, treatment in or employment in its programs and activities.



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When to Keep a Student Home

Fever:

A fever of 100 F or higher. Children may return to school when fever free for 24 hours (WITHOUT use of fever reducing medications).

Vomiting:

Any unexplained vomiting episode. May return 24 hours after the last episode. Diarrhea which is three or more unexplained episodes of watery or loose stools in 24 hours. May return 24 hours after last episode.

Cough:

Serious, sustained coughing, shortness of breath, or difficulty breathing.

Rash:

Any new rash accompanied by fever. May return after rash goes away or clearance given by a health care provider.

Skin Lesions:

Drainage from a sore that cannot be contained within a bandage or sores that are increasing in size or new sores that are developing day-to-day.

Infections:

Strep infections of any kind, ringworm, conjunctivitis, or impetigo. These are all contagious infections and must be treated with medication for at least 24 hours before returning to school.

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